

Meaning of Anga Pūja

Prostrations to Sri Anagha Dēva and Sri Anaghā Dēvi.

I worship your feet.

Prostrations to the one who moves freely in the three worlds.

I worship your calves.

Prostrations to the one with arms that extend down to the knees.

I worship your knees.

Prostrations to the one who is seated in a lotus posture.

I worship your thighs.

Prostrations to the one who controls the three qualities of Sattva, Rajas, and Tamas.

I worship your abdomen with three three circles.

Prostrations to the one whose stomach is well proportioned.

I worship your stomach.

Prostrations to the one who is the repository of kindness.

I worship your heart.

Prostrations to the one who is the sole support of devotees.

I worship your arms.

Prostrations to the one who is the patron of celestial music.

I worship your voice.

Prostrations to the one who enchants the world.

I worship your smile.

Prostrations to the one who bestows life energy to all.

I worship your nose.

Prostrations to the one whose glory is revealed in the Vedas.

I worship your ears.

Prostrations to the one who is visualized in meditation.

I worship your eyes.

Prostrations to the one with a beautiful decoration on the face. I worship your forehead.

Prostrations to the one with many heads.

I worship your head.

Prostrations to the one who is the repository of Truth, Knowledge, and Bliss.

I worship every single part of you.