

SHREE HANUMAN CHALISA

DOHA

Shree guru charan saroj raj nij manu mukuru sudhari |
Barnau raghuvar bimal jasu jo dayak phal chari ||1 ||

Budhi hina tanu janike sumirau pavan kumar |
Bal budhi vidya dehu mohi harahu kalesa vikar || 2 ||

CHAUPAIS

Jai hanuman gyan gun sagar | Jai kapis tihun lok ujagar ||

Ramdoot atulit bal dhama | Anjani putra pavansut nama ||

Mahabeer bikram bajrangi | Kumati nivar sumati ke sangi ||

Kanchan baran biraaj subesa | Kanan kundal kunchit kesa ||

Hath bajre aur dhvaja biraje | Kandhe moonj janeu saaje ||

Shankar suvan kesari nandan | Tej pratap maha jag vandan ||

Vidyavan guni ati chatur | Ram kaj karibe ko atur ||

Prabhu charitra sunibe ko rasiya | Ram lakhana sita man basiya ||

Sukshma roop dhari siyahi dikhava | Bikat roop dhari lank jerava ||

Bhim roop dhari asur sanhare | Ramchandra ke kaaj savare ||

Meaning

- With the dust of Guru's Lotus feet, I clean the mirror of my mind and then narrate the sacred glory of Sri Ram Chandra, The Supreme among the Raghu dynasty. The giver of the four attainments of life.
- Knowing myself to be ignorant, I urge you, O Hanuman, The son of Pavan! O Lord! kindly Bestow on me strength, wisdom and knowledge, removing all my miseries and blemishes.
- Victory of Thee, O Hanuman, Ocean of wisdom and virtue, victory to the Lord of monkeys who is well known in all the three worlds
- You, the Divine messenger of Ram and repository of immeasurable strength, are also known as Anjaniputra and known as the son of the wind - Pavanputra.
- Oh Hanumanji! You are valiant and brave, with a body like lightning. You are the dispeller of darkness of evil thoughts and companion of good sense and wisdom.
- Shri Hanumanji's physique is golden coloured. His dress is pretty, wearing 'Kundals' ear-rings and his hairs are long and curly.
- Shri Hanumanji is holding in one hand a lightning bolt and in the other a banner with sacred thread across his shoulder.
- Oh Hanumanji! You are the emanation of 'SHIVA' and you delight Shri Keshri. Being ever effulgent, you hold vast sway over the universe. The entire world prostrates. You are adorable of all.
- Oh! Shri Hanumanji! You are the repository learning, virtuous, very wise and highly keen to do the work of Shri Ram.
- You are intensely greedy for listening to the narration of Lord Ram's lifestory and revel on its enjoyment. You ever dwell in the hearts of Shri Ram-Sita and Shri Lakshman.
- You appeared before Sita in a diminutive form and spoke to her, while you assumed an awesome form and struck terror by setting Lanka on fire.
- He, with his terrible form, killed demons in Lanka and performed all acts of Shri Ram.

Laye sajivan lakhan jiyaye Shri raghubir harish ur laye 	– When Hanumanji made Lakshman alive after bringing 'Sanjivni herb' Shri Ram took him in his deep embrace, his heart full of joy.
Raghupati kinhi bahut badai Tum mam priya bharat sam bhai 	– Shri Ram lustily extolled Hanumanji's excellence and remarked, "you are as dear to me as my own brother Bharat"
Sahas badan tumhro jas gave Asa kahi shripati kanth legave Sankadik bhramadi muneesa Narad sarad sahit aheesa 	– Shri Ram embraced Hanumanji saying: "Let the thousand - tongued sheshnaag sing your glories" – Sanak and the sages, saints. Lord Brahma, the great hermits Narad and Goddess Saraswati along with Sheshnag the cosmic serpent, fail to sing the glories of Hanumanji exactly
Yam kuber digpal jahan te Kabi kobid kahin sake kahan te 	– What to talk of denizens of the earth like poets and scholars ones etc even Gods like Yamraj, Kuber, and Digpal fail to narrate Hanman's greatness in toto.
Tum upkar sugrivahi kinha Ram milai rajpad dinha 	– Hanumanji! You rendered a great service for Sugriva, It were you who united him with SHRI RAM and installed him on the Royal Throne.
Tumharo mantra vibhishan mana Lankeshwar bhaye sab jag jana Jug sahastra jojanpar bhanu Leelyo tahi madhur phal janu 	– By heeding your advice. Vibhushan became Lord of Lanka, which is known all over the universe. – Hanumanji gulped, the SUN at distance of sixteen thousand miles considering it to be a sweet fruit.
Prabhu mudrika meli mukh mahi Jaladhi langhi gaye acharaj nahin Durgam kaaj jagat ke jete Sugam anugrah tumhre te te 	– Carrying the Lord's ring in his mouth, he went across the ocean. There is no wonder in that. – Oh Hanumanji! all the difficult tasks in the world are rendered easiest by your grace.
Ram duware tum rakhvare Hot na aagya bin paisare 	– Oh Hanumanji! You are the sentinel at the door of Ram's mercy mansion or His divine abode. No one may enter without your permission.
Sab sukh lahe tumhari sharna Tum rakshak kahu ko darna 	– By your grace one can enjoy all happiness and one need not have any fear under your protection.
Aapen tej samharo aape Tinau lok hank te kanpe Bhoot pisach nikat nahi aave Mahabir jab naam sunave 	– When you roar all the three worlds tremble and only you can control your might. – Great Brave on. Hanumanji's name keeps all the Ghosts, Demons & evils spirits away from his devotees.
Nase rog hare sab pira Japat nirantar hanumat bira Sankat se hanuman chhudaave Man kram bachan dhyan jo lave 	– On reciting Hanumanji's holy name regularly all the maladies perish the entire pain disappears. – Those who remember Hanumanji in thought, word and deed are well guarded against their odds in life.
Sab par ram tapasvi raja Tinke kaaj sakal tum saja 	– Oh Hanumanji! You are the caretaker of even Lord Rama, who has been hailed as the Supreme Lord and the Monarch of all those devoted in penances.
Aur manorath jo koi laave Soi amit jivan phal pave 	– Oh Hanumanji! You fulfill the desires of those who come to you and bestow the eternal nectar the highest fruit of life.

Charo yug parthap tumhara | Hai parsidh jagat ujjara ||

Sadhu sant ke tum rakhvare | Asur nikandan ram dulare ||

Ashta sidhi nau nidhi ke data | Asa bar din janki mata ||

Ram rasayan tumhare pasa | Sada raho raghupati ke dasa ||

Tumhre bhajan Ram ko pave | Janam janam ke dukh bisrave ||

Anta kaal raghubar pur jaae | Jahan janam hari bhakt kahai ||

**Aur devta chith ne dharai | Hanumat sei sarva sukh karai ||
Sankat kate mite sab pira | Jo sumire hanumat bal bira ||**

Jai jai jai hanuman gosai | Kripa karahu gurudev ki nai ||

Jo sat bar pat kar koi | Chhutehi bandi maha sukh hoi ||

Jo yeh padhe hanuman chalisa | Hoi sidhi saakhi gaurisa ||

Tulsidas sada hari chera | Kije nath hriday maha dera ||

DOHA

**Pavan tanay sankat haran managal murti roop ||
Ram Lakhan Sita sahith hriday basahu sur bhoop ||**

- Oh Hanumanji! Your magnificent glory is acclaimed far and wide all through the four ages and your fame is radiantly noted all over the cosmos.
- Oh Hanumanji! You are the saviour and the guardian angel of saints and sages and destroy all the Demons, you are the seraphic darling of Shri Ram.
- Hanumanji has been blessed with mother Janki to grant to any one any YOGIC power of eight Sidhis and Nava Nidhis as per choice.
- Oh Hanumanji! You hold the essence of devotion to RAM, always remaining His Servant.
- Oh Hanumanji! through devotion to you, one comes to RAM and becomes free from suffering of several lives.
- After death he enters the eternal abode of Sri Ram and remains a devotee of him, whenever, taking new birth on earth.
- You need not hold any other demigod in mind. Hanumanji alone will give all happiness.
- Oh Powerful Hanumanji! You end the sufferings and remove all the pain from those who remember you.
- Hail-Hail-Hail-Lord Hanumanji! I beseech you Honour to bless me in the capacity of my supreme 'GURU' (teacher).
- One who recites this Hanuman Chalisa one hundred times daily for one hundred days becomes free from the bondage of life and death and enjoys the highest bliss at last.
- As Lord Shankar witnesses, all those who recite Hanuman Chalisa regularly are sure to be benedicted
- Tulsidas always the servant of Lord prays. "Oh my Lord! You enshrine within my heart.!
- O Shri Hanuman, The Son of Pavan, Saviour The Embodiment of blessings, reside in my heart together with Shri Ram, Laxman and Sita