

Twenty-One Chakras

Force Centers of Consciousness

Seven Upper Chakras: The most subtle of the 21 *chakras* lie above and within the crown *chakra* at the top of the head. Āgamic Hindu tradition delineates seven levels of *Paranāda*, the first *tattva* and the highest stratum of sound. They are:

vyāpinī, *vyomāṅga*, *anantā*, *anāthā*, *anāśritā*, *samanā* and *unmanā*, experienced by a rare few as a conglomerate of *nāḍīs*, spiritual nerve currents, stimulated and developed by many *samādhi* experiences.

NAME	LOCATION/ PLEXUS	ATTRIBUTE	MOTOR ORGAN	ENDOCRINE GLAND	COLOR/ METAL	DEITY/ ŚAKTI	VEHICLE	PLANE	PLANET	ELEMENT/ SENSE	PETALS	LETTER*
7) <i>sahasrāra</i>	crown of head/ pituitary	illumination		pituitary	gold	Śiva/ Nirvāṇaśakti		Satyaloka	Neptune	Śūnya (void)	1008	
6) <i>ājñā</i>	third eye/ cavernous	divine sight		pineal	lavender/ silver	Ardha- nāriśvara/ Hakini	swan	Tapoloka	Uranus	<i>mahā- tattva/ intuition</i>	2	Aum
5) <i>viśuddha</i>	throat/ pharyngeal	divine love	mouth	thyroid, parathyroid	smokey purple-blue/ mercury	Sadāśiva/ Śākinī	peacock	Janaloka	Saturn	ether/ hearing	16	Ham/ Ya
4) <i>anāhata</i>	heart/ cardiac	direct cognition	hand	thymus	smokey green/ copper	Īśvara/ Kākinī	deer	Maharloka	Jupiter	air/ touch	12	Yam/ Vā
3) <i>maṇipūra</i>	solar	willpower	feet	pancreas	yellow- amber/ iron	Mahārudra/ Lakini	ram	Svarloka	Mars	fire/ sight	10	Ram/ Śi
2) <i>svādhiś- thāna</i>	navel/ hypogastric	reason	genitals	ovaries/ testicles	reddish orange/ tin	Vishṇu/ Śākinī	crocodile	Bhuvārloka	Venus	water/ taste	6	Vam/ Ma
1) <i>mūlādhāra</i>	lower abdomen/ sacral, pelvic	memory, time, space	anus	adrenals	red	Gaṇeśa & Brahmā/ Dākinī	elephant	Bhūloka	Mercury	earth/ smell	4	Lam/ Na
1) <i>atala</i>	hips	fear, lust							Put			
2) <i>vitala</i>	thighs	raging anger							Avichi			
3) <i>sutala</i>	knees	retaliatory jealousy							Samhāta			
4) <i>talātala</i>	calves	prolonged confusion							Tāmisra			
5) <i>rasātala</i>	ankles	pure selfishness							Ṛjīsha			
6) <i>mahātala</i>	feet	absence of conscience							Kuḍmala			
7) <i>pātāla</i>	soles of feet	malice, murder							Kākola			