

Hare Krishna Mahamantra

***Hare Krishna Hare Krishna
Krishna Krishna Hare Hare
Hare Rama Hare Rama
Rama Rama Hare Hare***

A Mantra is a sacred power in a sound structure. They are devices used to connect one with the divine energies not seen by the naked eye, on the physical plane. Mantras correspond with sounds associated with the *chakras*, the energy centers in the Astral body and with the energies and deities they represent. but most importantly they are intoned with love and devotion to a higher power.

Mantras are considered to be divine rhymes composed by the ancient Indian saints in the divine language of Sanskrit. When recited properly they protect human from different malefic effects of other evil elements.

Integrating mantras into your daily life is easier than you might think. The easiest way to be in the presence of a loved one is to evoke their name! Try it for a few days and witness for yourself the transformation it brings within you!

Hare Krishna Mahamantra

The transcendental vibration established by the chanting of Hare Krsna, Hare Krsna, Krsna Krsna, Hare Hare, Hare Rama, Hare Rama, Rama Rama, Hare Hare is the sublime method of reviving our God consciousness. As living spiritual souls we are all originally God-conscious entities, but due to our association with matter from time immemorial, our consciousness is now polluted by the material atmosphere. The material atmosphere, in which we are now living, is called Maya, or illusion. Maya means "that which is not." And what is this illusion? The illusion is that we are all trying to be lords of material nature, while actually we are under the grip of her stringent laws. When a servant artificially tries to imitate the all-powerful master, this is called illusion. In this polluted concept of life, we are all trying to exploit the resources of material nature, but actually we are becoming more and more entangled in her complexities. Therefore, although we are engaged in a hard struggle to conquer nature, we are ever more dependent on her. This illusory struggle against material nature can be stopped at once by revival of our God-consciousness.

By practical experience also, one can perceive that by chanting this maha-mantra, or the Great Chanting for Deliverance, one can at once feel a transcendental ecstasy coming through from the spiritual stratum. And when one is factually on the plane of spiritual understanding--surpassing the stages of senses, mind, and intelligence--one is situated on the transcendental plane. This chanting of Hare Krsna, Hare Krsna, Krsna Krsna, Hare Hare/ Hare Rama, Hare Rama, Rama Rama, Hare Hare is directly enacted from the spiritual platform, and thus this sound vibration surpasses all lower strata of consciousness-- namely sensual, mental, and intellectual. There is no need, therefore, to understand the language of the mantra, nor is there any need for mental speculation or any intellectual adjustment for chanting this maha-mantra. It springs automatically from the spiritual platform, and as such, anyone can take part in the chanting without any previous qualification, and dance in ecstasy.

The word Hara is the form of addressing the energy of the Lord, and the words Krsna and Rama are forms of addressing the Lord Himself. Both Krsna and Rama mean "the supreme pleasure," and Hara is the supreme pleasure energy of the Lord, changed to Hare in the vocative. The supreme pleasure energy of the Lord helps us to reach the Lord.

The material energy, called Maya, is also one of the multi energies of the Lord. And we, the living entities, are also the energy--marginal energy--of the Lord. The living entities are described as superior to material energy. When the superior energy is in contact with the inferior energy, an incompatible situation arises;

but when the superior marginal energy is in contact with the superior energy, called Hara, the living entity is established in his happy, normal condition.

These three words, namely Hare, Krsna, and Rama, are the transcendental seeds of the maha-mantra. The chanting is a spiritual call for the Lord and His internal energy, Hara, to give protection to the conditioned soul. This chanting is exactly like the genuine cry of a child for its mother. Mother Hara helps the devotee achieve the grace of the supreme father, Hari, or Krsna, and the Lord reveals Himself to the devotee who chants this mantra sincerely.