

"Jai Jagdeesh Hare" Aarti

In the Hindu household, dusk and dawn, hold a special significance as far as prayer is concerned, as it is during this transition (From dawn to morning, and dusk to evening) that negativity needs to be burnt and righteousness welcomed.

Traditionally the 'Aarti' is performed during the morning and evening in a Hindu household.

The Aarti consists of a small flame which burns on a wick, placed on a plate, which is rotated round the Deity.

The Ritual of the Aarti makes the light of the flame dispel darkness, the incense that is burnt gives out fragrance, a bell is rung, hands are clapped while one sings the Aarti. If you ask a Feng-Shui expert, he will confirm that all the above is very good to ward off an evil eye!

The 'Aarti' reminds us of the greatness of the Lord, because the flame that we rotate is symbolic of the Cosmos (Sun, Moon, Stars) revolving around the Almighty paying obeisance to Him.

Guru Nanak burst into song, at Jagannaath Puri, which is used as the Guru-Granth aarti,

'Gagan mein thaal, Ravi, Chand Deepak baney...'

Which means that the Sky is the 'thaal' or plate, the Sun, Moon and stars are the flame...

A beautiful prayer is sung, for the Lord of the Universe 'Jagadeesh'.

Jagadeesha comes from 2 words 'Jagat' and 'Eeshwara'

'Jagat means 'Creation' and 'Eeshwara' means Lord .

I thought I would share it with you all, because it has a universal appeal.

Jai Jagdeesh Hare Aarti:

*Om Jaya Jagadeesha harey Swaami Jaya Jagadeesha harey
Bhakta janon key sankata, daas jano key sankata,
Kshana mein door Karey - Om Jaya Jagadeesha harey ..*

*Jo Dhyaavey Phala Paavey Dukha Vinasey Mana kaa
Sukha Sampati Ghara Aavey, Kashta Mitey Tana kaa –
Om Jaya ...*

*Maat Pitaa Tum Meray Sharana Gahoon kiski
Tum Bin Aur na Doojaa Aash karoon Jiski - Om Jaya...*

*Tuma Purana Paramaatmaa Tuma Antaryaami
Par-Brahma Parameshvara Tuma Sabake Swami - Om Jay...*

*Tuma Karunaa Ke Saagar Tuma Paalana Kartaa
Mai moorakh khal-kaami
Mai Sevaka Tum Swami Kripaa Karo Bharataa - Om Jay.....*

*Tum Ho Ek Agochara Sabkey Praanapati
Kisa Vidhi Miloon Dayaamaya Tuma ko main kumati - Om Jay.....*

*Deena Bandhu Dukha Harataa Thaakur Tum meray Swaami Rakshaka tum Mere
Apney haath uthaao, apney charan lagaao, Dwaar para main terey, Om Jay.....*

*Vishaya Vikaar Mitaa Paap Haro Devaa
Shraddhaa Bhakti Badhaao Santan Ki Sevaa - Om Jay.....*

*Tan Man sab tera, sab kuchh hai tera,
Tera tujhko arpan, kyaa laagey mera. Om Jay.....*

The meaning in English:

Salutation to Thee, O Lord of the universe,
Thou, who, in an instant, removest the sorrows and problems, of those who love Thee!
Salutations unto Thee!

Thou rewardest Thy devotees, who singest Thy praise, by removing their mental afflictions.

Joy, prosperity and health enter the homes of those who pray to Thee!

Thou art my Mother and Father, whose refuge I seek,
There is no one else beside Thee, who I could really count on!

Thou art Complete and Perfect! There is nothing hidden from Thee!
Thou art Perfect, Eternal, Absolute. The Lord of all Creation!

Thou art an Ocean of Compassion, Thou art the Protector of all,
I am ignorant, O Lord! I am but your Servant, while Thou art my Master!
Do Have Mercy on me!

Thou art the One. The Real Essence. The Life of all lives.
How do we unite?
I, who am so ignorant, and Thou who art All Merciful?

Thou, art the Succour of the oppressed, and the Remover of pain and sorrow.
Thou art my Protecting Force!
I beseech Thee to Raise Thy hand, so that I surrender to Thee!

Help me to get rid of my imperfections and vices,
Bless me with increasing faith, and spirit of service to the devout!

All that I possess belongs to Thee,
I offer Thee what in reality is Thine, As nothing is truly mine!

Will we be able to sing the last verse sincerely?

Do we really believe that everything that we have truly belongs to the Lord?

Even if we believe the above, are we ready to offer to Him all that He has provided for us?

I know that when I sing the last verse, I say an additional silent prayer, asking the Lord, to grant me the faith and conviction, that what I am singing I, truly come to feel.