AtmaShatkam / NirvanaShatkam
आत्मषट्कम् / निर्वाणषट्कम्

Written by
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I am neither the mind, nor the intellect, nor the ego, 
nor the mind-stuff; 
I am neither the body, nor the changes of the body; 
I am neither the senses of hearing, taste, smell, or sight, 
Nor am I the ether, the earth, the fire, the air; 
I am Existence Absolute, Knowledge Absolute, Bliss 
Absolute; I am He, I am He. (Shivoham, Shivoham).
Stanza 2

I am neither the Prâna, nor the five vital airs;
I am neither the materials of the body, nor the five sheaths;
Neither am I the organs of action, nor object of the senses;
I am Existence Absolute, Knowledge Absolute, Bliss Absolute; I am He, I am He. (Shivoham, Shivoham).
I have neither aversion nor attachment, neither greed nor delusion;
Neither egotism nor envy, neither Dharma nor Moksha;
I am neither desire nor objects of desire;
I am Existence Absolute, Knowledge Absolute, Bliss Absolute; I am He, I am He. (Shivoham, Shivoham).
I am neither sin nor virtue, neither pleasure nor pain;  
Nor temple nor worship, nor pilgrimage nor scriptures,  
Neither the act of enjoying, the enjoyable nor the enjoyer;  
I am Existence Absolute, Knowledge Absolute, Bliss Absolute; I am He, I am He. (Shivoham, Shivoham).
I have neither death nor fear of death, nor caste;  
Nor was I ever born, nor had I parents, friends, and relations;  
I have neither Guru, nor disciple;  
I am Existence Absolute, Knowledge Absolute, Bliss Absolute; I am He, I am He. (Shivoham, Shivoham).
I am untouched by the senses, I am neither Mukti nor knowable;
I am without form, without limit, beyond space, beyond time;
I am in everything; I am the basis of the universe; everywhere am I.
I am Existence Absolute, Knowledge Absolute, Bliss Absolute; I am He, I am He. (Shivoham, Shivoham).
Always, remember thy Glory!!

Strength, strength is what the Upanishads speak to me from every page. This is the one great thing to remember, it has been the one great lesson I have been taught in my life; strength, it says, strength, O man, be not weak. Are there no human weaknesses? — says man. There are, say the Upanishads, but will more weakness heal them, would you try to wash dirt with dirt? Will sin cure sin, weakness cure weakness? Strength, O man, strength, say the Upanishads, stand up and be strong. Ay, it is the only literature in the world where you find the word "Abhīḥ", "fearless", used again and again; in no other scripture in the world is this adjective applied either to God or to man. Abhīḥ, fearless!

Swami Vivekananda
(Complete Works – Volume 3, Page 237)
References

- Sanskrit text of Atmashatkam taken from http://www.cleextel.org/adisankara/nirvanashatkam.html
- Atmashatkam prepared in Devanagari Script using BarahaPad (available at http://baraha.com/)
- Vocals taken from the album ‘Sacred Chants of Shiva’ sung by Ms. Bhanumati and Ms. Urmila (Art of Living)